



LAL BHADUR SHASTRI NATIONAL ACADEMY OF  
ADMINISTRATION, MUSSOORIE

ATHLETIC MEET 14-15 NOVEMBER, 2009

Event Name: 100 Mts Race(Men)

S No	Prize	OT Code	Name	CG Group	Counselor	Points	Time
1	GOLD	B48	INGIT PRATAP SINGH	CG11	Jayant Singh	5	13.14
2	SILVER	B37	VIMARSH	CG06	A.S. Ramachandr	3	13.5
3	BRONZE	D09	CHANDAN KUMAR	CG27	Dushyant Nariala	1	14

Event Name: 100 Mts Race(Women)

S No	Prize	OT Code	Name	CG Group	Counselor	Points	Time
1	GOLD	D43	OVESSA IQBAL	CG26	Ashish Vachhani	5	18.09
2	SILVER	B04	ISHA PANT	CG19	Tejveer Singh	3	18.25
3	BRONZE	A55	SUBASHINI SANKARAN	CG17	Roli Singh	1	18.93

Event Name: 1500 Mts Race(Men)

S No	Prize	OT Code	Name	CG Group	Counselor	Points	Time
1	GOLD	B48	INGIT PRATAP SINGH	CG11	Jayant Singh	5	5.47
2	SILVER	D15	REGHU G	CG25	A.S. Ramachandr	3	5.47
3	BRONZE	C09	NITESH KUMAR	CG32	Nidhi Sharma	1	5.51

Event Name: ✓1500 Mts Race(Women)

S No	Prize	OT Code	Name	CG Group	Counselor	Points	Time
1	GOLD	D64	✓DEEPTI MEENA	CG25	A.S. Ramachandr	5	8.14
2	SILVER	C58	USHA RANGNANI	CG35	Ranjana Chopra	3	8.15
3	BRONZE	D66	SAROJ KUMARI	CG36	Roli Singh	1	8.28

Event Name: 200 Mts Race(Men)

S No	Prize	OT Code	Name	CG Group	Counselor	Points	Time
1	GOLD	B15	JEEVAN BABU K	CG07	Ashish Vachhani	5	28.42
2	SILVER	D09	CHANDAN KUMAR	CG27	Dushyant Nariala	3	29.16
3	BRONZE	A24	SHANKAR BRATA RAIMEDHI	CG14	Dr. Prem Singh	1	29.36

Event Name: 200 Mts Race(Women)

S No	Prize	OT Code	Name	CG Group	Counselor	Points	Time
1	GOLD	D43	OVESSA IQBAL	CG26	Ashish Vachhani	5	38.01
2	SILVER	A55	SUBASHINI SANKARAN	CG17	Roli Singh	3	38.42
3	BRONZE	A28	POOJA JAIN	CG04	Sanjeev Chopra	1	39.87

Event Name: 3000 Mts Race(Women)

S No	Prize	OT Code	Name	CG Group	Counselor	Points	Time
✓1	GOLD	D64	✓DEEPTI MEENA	CG25	A.S. Ramachandr	5	✓17.14
2	SILVER	C58	USHA RANGNANI	CG35	Ranjana Chopra	3	17.24

3 BRONZE D66 SAROJ KUMARI CG36 Roli Singh 1 17.37

**Event Name: 400 Mts Race(Men)**

S No	Prize	OT Code	Name	CG Group	Counselor	Points	Time
1	GOLD	B44	KAPIL ASHOK SHIRSAT	CG03	P.K. Gera	5	1
2	SILVER	B01	ABHIMANYU KUMAR	CG19	Tejveer Singh	3	1.06
3	BRONZE	C57	KURMA RAO M	CG35	Ranjana Chopra	1	1.07

**Event Name: 400 Mts Race(Women)**

S No	Prize	OT Code	Name	CG Group	Counselor	Points	Time
1	GOLD	B04	ISHA PANT	CG19	Tejveer Singh	5	1.3
2	SILVER	D64	DEEPTI MEENA	CG25	A.S. Ramachandr	3	1.32
3	BRONZE	C47	KUMAM MINI DEVI	CG28	Gyanendra Badgai	1	1.35

**Event Name: 4x100 Mrs. Relay Race C.G.**

S No	Prize	OT Code	Name	CG Group	Counselor	Points	Time
1	GOLD			CG11	Jayant Singh	7	55.78
2	SILVER			CG03	P.K. Gera	5	56.2
3	BRONZE			CG10	Jaspreet Talwar	3	56.66

**Event Name: 4x100 Mrs. Relay Race C.G.**

S No	Prize	OT Code	Name	CG Group	Counselor	Points	Time
1	GOLD	A	SHWETA TEOTIA,POOJA JAIN,PREETH GANAPATHY,SUBASHINI SANKARAN		A	7	1.16
2	SILVER	D	HEPHSIBA RANI KORILAPATI,APNEET RIYAIT,OVESSA IQUBAL,DEEPTI MEENA		D	5	1.16
3	GOLD			CG15	Puneet Mohan	3	0
4	GOLD			CG03	P.K. Gera	3	0
5	GOLD			CG04	Sanjeev Chopra	3	0
6	GOLD			CG17	Roli Singh	3	0
7	BRONZE	B	ISHA PANT,DEEPA SIDDANNA MUDHOL,NISHA SHEKHAR,RUCHIKA DIWAKAR		B	3	1.16
8	SILVER			CG26	Ashish Vachhani	2	0
9	SILVER			CG25	A.S. Ramachandr	2	0
10	SILVER			CG35	Ranjana Chopra	2	0
11	SILVER			CG33	Dr. Prem Singh	2	0
12	BRONZE			CG03	P.K. Gera	1	0
13	BRONZE			CG07	Ashish Vachhani	1	0
14	BRONZE			CG10	Jaspreet Talwar	1	0
15	BRONZE			CG19	Tejveer Singh	1	0

**Event Name: 4x400 Mrs. Relay Race C.G.**

S No	Prize	OT Code	Name	CG Group	Counselor	Points	Time
1	GOLD		C56,C03,C59,B30	CG15	Puneet Mohan	7	4.29
2	SILVER		D30,A47,B38,B01	CG19	Tejveer Singh	5	4.34
3	BRONZE		D48,D02,A12,A52	CG10	Jaspreet Talwar	3	4.37

**Event Name: 4x400 Mrs. Relay Race C.G.**

S No	Prize	OT Code	Name	CG Group	Counselor	Points	Time
1	GOLD	B	B39,B02,B04,B47		B	7	6.56
2	SILVER	A	A11,A41,A01,A28 DEEPAP PRIYA P,RAGAPRIYA R,POOJA JAIN,PREETH GANAPATHY		A	5	6.57
3	GOLD			CG10	Jaspreet Talwar	3	0
4	BRONZE	D	D07,D19,D66,D64 HEPHSIBA RANI KORLAPATI,APNEET RIYAIT,DEEPTI MEENA,SAROJ KUMARI HEPHSIBA RANI KORLAPATI,APNEET RIYAIT,DEEPTI MEENA,SAROJ KUMARI		D	3	7.29
5	GOLD			CG03	P.K. Gera	3	0
6	GOLD			CG19	Tejveer Singh	3	0
7	GOLD			CG13	Nidhi Sharma	3	0
8	SILVER			CG02	Kush Verma	2	0
9	SILVER			CG04	Sanjeev Chopra	2	0
10	SILVER			CG15	Puneet Mohan	2	0
11	SILVER			CG01	Padamvir Singh	2	0
12	BRONZE			CG33	Dr. Prem Singh	1	0
13	BRONZE			CG35	Ranjana Chopra	1	0
14	BRONZE			CG36	Roli Singh	1	0
15	BRONZE			CG25	A.S. Ramachandr	1	0

**Event Name: 5000 Mts Race(Men)**

S No	Prize	OT Code	Name	CG Group	Counselor	Points	Time
1	GOLD	B48	INGIT PRATAP SINGH	CG11	Jayant Singh	5	22.48
2	SILVER	D15	REGHU G	CG25	A.S. Ramachandr	3	22.51
3	BRONZE	B38	RAVINDRA KUMAR	CG19	Tejveer Singh	1	23.45

**Event Name: 800 Mts Race(Men)**

S No	Prize	OT Code	Name	CG Group	Counselor	Points	Time
1	GOLD	B44	KAPIL ASHOK SHIRSAT	CG03	P.K. Gera	5	2.28
2	SILVER	D15	REGHU G	CG25	A.S. Ramachandr	3	2.33
3	BRONZE	B37	VIMARSH	CG06	A.S. Ramachandr	1	2.35

**Event Name: 800 Mts Race(Women)**

<i>S No</i>	<b>Prize</b>	<b>OT Code</b>	<b>Name</b>	<b>CG Group</b>	<b>Counselor</b>	<b>Points</b>	<b>Time</b>
1	GOLD	C58	USHA RANGNANI	CG35	Ranjana Chopra	5	3.38
2	SILVER	B16	SHIVANI TEWARI	CG01	Padamvir Singh	3	3.51
3	BRONZE	A01	DEEPAP PRIYA P	CG01	Padamvir Singh	1	4.02

**Event Name: Discuss Throw(Men)**

<i>S No</i>	<b>Prize</b>	<b>OT Code</b>	<b>Name</b>	<b>CG Group</b>	<b>Counselor</b>	<b>Points</b>	<b>Time</b>
1	GOLD	A52	ASTIK KUMAR PANDEY	CG10	Jaspreet Talwar	5	23.27
2	SILVER	D48	MANTRI GOVINDA RAO	CG29	Jaspreet Talwar	3	22.04
3	BRONZE	D47	ADITYA PRATAP SINGH	CG20	Padamvir Singh	1	21.32

**Event Name: Discuss Throw(Women)**

<i>S No</i>	<b>Prize</b>	<b>OT Code</b>	<b>Name</b>	<b>CG Group</b>	<b>Counselor</b>	<b>Points</b>	<b>Time</b>
1	GOLD	A21	SHWETA TEOTIA	CG03	P.K. Gera	5	15.6
2	SILVER	A17	PATIL MOKSHADA ANIL	CG14	Dr. Prem Singh	3	15.25
3	BRONZE	C23	DIVYADHARSHINI SHANMUGAM	CG21	Kush Verma	1	13.84

**Event Name: High Jump(Men)**

<i>S No</i>	<b>Prize</b>	<b>OT Code</b>	<b>Name</b>	<b>CG Group</b>	<b>Counselor</b>	<b>Points</b>	<b>Time</b>
1	GOLD	B48	INGIT PRATAP SINGH	CG11	Jayant Singh	5	156
2	SILVER	D24	GINCE K MATTAM	CG23	Sanjeev Chopra	3	152
3	BRONZE	B37	VIMARSH	CG06	A.S. Ramachandr	1	142

**Event Name: Long Jump(Men)**

<i>S No</i>	<b>Prize</b>	<b>OT Code</b>	<b>Name</b>	<b>CG Group</b>	<b>Counselor</b>	<b>Points</b>	<b>Time</b>
1	GOLD	B15	JEEVAN BABU K	CG07	Ashish Vachhani	5	4.67
2	SILVER	B37	VIMARSH	CG06	A.S. Ramachandr	3	4.6
3	BRONZE	B48	INGIT PRATAP SINGH	CG11	Jayant Singh	1	4.52

**Event Name: Long Jump(Women)**

<i>S No</i>	<b>Prize</b>	<b>OT Code</b>	<b>Name</b>	<b>CG Group</b>	<b>Counselor</b>	<b>Points</b>	<b>Time</b>
1	GOLD		NIDHI SHARMA		Nidhi Sharma	5	2.96
2	GOLD	B47	RUCHIKA DIWAKAR	CG10	Jaspreet Talwar	5	2.96
3	SILVER	C21	SINDHU B	CG22	P.K. Gera	3	2.84
4	BRONZE	B04	ISHA PANT	CG19	Tejveer Singh	1	2.72

**Event Name: Shot Put(Men)**

<i>S No</i>	<b>Prize</b>	<b>OT Code</b>	<b>Name</b>	<b>CG Group</b>	<b>Counselor</b>	<b>Points</b>	<b>Time</b>
1	GOLD	D48	MANTRI GOVINDA RAO	CG29	Jaspreet Talwar	5	10.58
2	SILVER	A03	AKASH GUPTA	CG16	Ranjana Chopra	3	10.35
3	BRONZE	A52	ASTIK KUMAR PANDEY	CG10	Jaspreet Talwar	1	10.23

**Event Name: Shot Put(Women)**

<b>S No</b>	<b>Prize</b>	<b>OT Code</b>	<b>Name</b>	<b>CG Group</b>	<b>Counselor</b>	<b>Points</b>	<b>Time</b>
1	GOLD		JASPREET TALWAR		Jaspreet Talwar	5	6.69
2	GOLD	C66	RUCHIKA KATYAL	CG34	Puneet Mohan	5	6.5
3	SILVER	B10	DEEPA SIDDANNA MUDHOL	CG07	Ashish Vachhani	3	6.4
4	BRONZE	D49	PRATIKSHA GODARA	CG32	Nidhi Sharma	1	6.25

**Event Name: Tug of War C.G. Wise**

<b>S No</b>	<b>Prize</b>	<b>OT Code</b>	<b>Name</b>	<b>CG Group</b>	<b>Counselor</b>	<b>Points</b>	<b>Time</b>
1	GOLD			CG14	Dr. Prem Singh	7	0
2	SILVER			CG01	Padamvir Singh	5	0
3	BRONZE			CG17	Roli Singh	3	0



## LAL BAHADUR SHASTRI NATIONAL ACADEMY OF ADMINISTRATION, MUSSOORIE

<i>COUNSELOR</i>	<i>Gold</i>	<i>Silver</i>	<i>Bronze</i>	<i>Total</i>	<i>Total Points</i>
Jaspreet Talwar	5	1	4	10	34
A.S. Ramachandra	2	7	3	12	33
P.K. Gera	5	2	1	8	30
Jayant Singh	5		1	6	28
Ashish Vachhani	4	2	1	7	26
Tejveer Singh	2	3	3	8	22
Ranjana Chopra	1	4	2	7	18
Puneet Mohan	3	1		4	17
Dr. Prem Singh	1	2	2	5	14
Roli Singh	1	1	5	7	13
Padamvir Singh		3	2	5	12
A	1	1		2	12
Nidhi Sharma	2		2	4	10
B	1		1	2	10
Sanjeev Chopra	1	2	1	4	9
D		1	1	2	8
Dushyant Nariala		1	1	2	4
Kush Verma		1	1	2	3
Gyanendra Badgaiyan			1	1	1

OTNAME	GOLD	SILVER	BRONZE	POINT	POSITON
INGIT PRATAP SINGH	4		1	21	BEST ATHLETE(MEN)
DEEPTI MEENA	2	1			BEST 13 ATHLETE(WOMEN)

Best counsellor

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Ms Jaspreet Talwar

Shivani Tiwari Counsellor

1st

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